

Hello and Happy New Year!

Welcome to Mahdlo Youth Zone's Ability Update: January 2016. This email includes information regarding specific Ability provision and also some other events that you may find of interest. If you have any questions at all regarding the Ability offer, or wish to speak to me regarding your child and how we may be able to support them better then please do get in touch.

CADS (Children Able and Disabled Sports) HOLIDAY PROGRAMME

The popular CADS holiday programme will be back this February half term on the **16th and 17th February**. The CADS programme is an alternative holiday programme to our main Holiday Zone programme. It offers more adapted and accessible activities, with smaller groups and more staff available to support young people. Young people are welcome to bring along a sibling or friend to the programme. Please book in advance to avoid disappointment. Booking instructions and programme information can be found in the document attached.

CHANGES TO TWILIGHT

This month we are launching some changes to the Twilight offer at Mahdlo (afterschool provision 3.30pm – 5.30pm). Previously these sessions were open and unstructured and only attracted approximately 12 young people per session. Mahdlo has since consulted with young people who have said they would like more structured courses and sessions. If you would like any more details on particular courses on offer, please check out this link <http://mahdloyz.org/new-for-2016/>.

We also have an online calendar which is regularly updated <http://mahdloyz.org/whats-on-events/category/whats-on-junior/month/>

CHECK OUT... The new arts courses being delivered in Twilight. The ART DOJO and CARNIVAL ARTS courses both lead to a Bronze Arts Award. Again, more details can be found on the website links above.

ABILITY MULTISPORTS

Our Ability Multi-sports session continues to be delivered afterschool every **Thursday** from **4.30pm – 6pm**. This session aims to build confidence of young people through sport, and so it is ideal for any new members or anyone who benefits from a quieter environment with fewer people. You can **book** a place through reception by emailing reception@mahdloyz.org.

On the **14th and 21st January**, **Cobra Kan Karate Club** will be coming in to deliver Karate sessions. They have delivered sessions previously in our Family Ability session which proved to be very popular.

HOLOCAUST MEMORIAL DAY

Please join us for Oldham's Holocaust Memorial Day commemorative event on **Wednesday 27th January 6.30pm – 10pm**, including: A performance by Oldham Theatre Workshop, Reflective workshops, Lighting of commemorative candles, A shared minute's silence.

The event is a partnership between Mahdlo, Oldham Council and Oldham's Interfaith Forum. All are welcome, entry is free of charge. Refreshments will be available.

LEGO GROUP

There is a local Lego Group looking to attract new members. They currently meet weekly at the Link Centre and spend time building models and socialising with other young people with similar interests. If you think you know anyone who may be interested in joining the group, then please send your questions to Debbie Gainsborough who runs the group. Her email contact is debgainsborough@gmail.com .

SUNDAY ABILITY ZONE

Every Sunday we run the Family Ability session from 1pm – 4.30pm. As always we deliver a wide range of activities, however more recently we have introduced our new pop-up sensory room which we call **'My Time'**. It includes a bean bag corner, sensory toys, aromatherapy and a range of sensory light features. Come down and check it out! As always, we are supported by POINT who are available to offer support and guidance to any families needing support.

Thank you

Amy

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